

About Our Instructor

Brittany Karlson is a bassist, vocalist, and Alexander Technique teacher who has been studying the technique since 2014. She received her Bachelor's of Science degree in music from Berklee College of Music in 2015 in Performance on the double bass. She is now near the end of an intensive 3-year, 1600 hour teacher training course under the direction of Ruth Kilroy in the Alexander Technique. Karlson is currently student teaching private pupils and her certification date by the North American Society of Alexander Technique Teachers (AmSAT) is October 2019.

Anne Freeman, NIC

Anne Freeman works as a freelance ASL interpreter in the Boston area. She is nationally certified through the Registry of Interpreters for the Deaf and also serves as the Coordinator for New England Deaf & Hard of Hearing Ministry under the umbrella of TABCOM (The American Baptist Churches of Massachusetts). She is a graduate of the Interpreter Training Program and Deaf Studies Programs at Northeastern University and also has a Bachelor of Science degree in Therapeutic Recreation from Shenandoah College. Anne is married with a 16 year old, a Tuxedo cat and enjoys hosting people for dinner, quilting and making collages in her free time.