

New England Deaf & Hard of Hearing Ministry Cordially Invites You To A Workshop

Topic: An Introduction to The Alexander Technique

When: Saturday, February 8 2020, 9 am-12pm

Where: Trinity Baptist Church, 3 Lund St. Nashua, NH

Cost: \$40.00 if postmarked by February 1st, 2020. \$50.00 after the deadline or at the door. Make checks out to TABCOM, earmarked for "Deaf ministry workshop".

There must be a minimum of ten people pre-registered in order for this workshop to take place. Otherwise, it will not be offered.



Lead by Brittany Karlson

This workshop will be in spoken English. Anyone requiring ASL accommodation may submit a request for it no later than 1/21/20. For any other reasonable accommodations, please contact Anne Freeman, 617-447-5477 or AnneFreeman14@gmail.com

Ideal for working interpreters and emerging interpreters who work in any type of setting, this session will help attendees learn about a directed, logical 100 + year old plus process called The Alexander Technique. It is a tool anyone can use throughout the ordinary repetitive tasks of everyday life.

Level of Knowledge: little to no knowledge required

Participants will be able to identify at least two postural habits that interfere with optimum functioning of their body while interpreting. Participants will be able to identify two things they can do to correct postural habits.

A Light breakfast will be served.

Questions? Contact Anne Freeman, NIC AnneFreeman14@gmail.com, (617) 447-4377 (T/V)

This workshop has been approved for .3 CEU's, in the General Studies category.

Free of charge for NHRID members in good standing. All other participants will be charged \$10 for CEU's.

The registration fee is non-refundable unless the workshop is either canceled or rescheduled. In the event of a cancellation, a full refund will be made to all pre-registered participants and they will be notified via email. An inclement weather date will be chosen if needed and the workshop will be rescheduled.

NHRID is an approved RID CMP – Sponsor for continuing education activities.

New England Deaf & Hard of Hearing Ministry does not discriminate based on age, race, ethnicity, gender identity or expression, disability, sexual orientation, religion, military status, national origin or marital status. Presenters, coordinators and participants of this educational opportunity agree to promote an environment of mutual respect, free from bias and discrimination.

